

The utilization of **golf to assist health recovery** positively impacts individuals experiencing aging, amputation, brain injury, cancer, dementia, isolation, multiple sclerosis, obesity, Parkinson's disease, stroke, and other life conditions.

Living with MS herself, Mindy "walks the talk," using her experience to guide tailored golf therapy programs for healthcare and golf professionals.

FOUNDER | STORY TELLER: MINDY DERR

She built it. They came. And four decades later, they still do.

Mindy Derr is a pioneering healthcare and golf innovator whose storytelling journey gives insight and a map for audiences seeking resolution and lasting impact. As the founder of a nationally recognized golf therapy model now sustained within OhioHealth, she has spent decades proving that golf can be a meaningful pathway to healing, independence, and renewed quality of life. Visit OhioHealth.com/ForeHope to learn more.

Today, through **Wellness and Golf**, Mindy's legacy continues as she educates, mentors, and offers healthcare-specific golf program designs. Mindy's audiences will understand the importance of golf in healthcare with patient outcomes of hope, improved function, cognitive awareness, and emotional and social well-being.

National Leader on Therapeutic Golf and Health Recovery

Founder, Fore Hope, Inc. 1989

OhioHealth Neuroscience Center - Fore Hope Absorption, 2017

Founder, Wellness and Golf, 2019

MINDY'S AUDIENCES DISCOVER

- ✓ Golf is excellent for improving balance, cognition, sense of worth, and social interaction
- ✓ Golf broadens the scope for patient treatment options
- ✓ Golf offers hope through doing, fosters recreation participation, and encourages social well-being
- ✓ Golf is being utilized for patient improved quality of life, with OhioHealth Fore Hope, as a stellar example
- ✓ Golf can make a positive impact on those 61 million adults (one in 5) in America who live with disability



"I am a patient living with MS and golf as therapy has been wonderful and given me the hope to look forward to another day."

—Charlie W., Columbus, Ohio